

SCON PULSE

Editorial

Once upon a time, the five fingers of a hand started arguing about who was the greatest. The Thumb said proudly, "I am the strongest! Without me, no one can hold anything." The Index Finger pointed and said, "I am the leader! People use me to show direction." The Middle Finger stood tall and said, "Look, I am the tallest! That makes me the most important." The Ring Finger smiled and said, "But people wear precious rings on me. I am the symbol of love." Then the Little Finger said softly, "I may be small, but when you join your hands to pray, I come first." Their argument went on until the Hand spoke: "My dear fingers, each of you has your own strength and beauty. But alone, you are weak. Only when you work together can you hold, write, build, and help others. Unity makes you powerful." From that day, the five fingers stopped fighting and began working together in harmony. Unity is strength. Each person has a unique role, but together we can achieve great things



PTA GENERAL BODY MEETING

The Parent-Teacher Association (PTA) General Body Meeting was held on July 26, 2025 at SCON Auditorium, commencing at 12:00 noon. The meeting began with a solemn prayer song, setting a respectful and positive tone for the day. Prof. Dr. Sr Mary E.L., our principal delivered a welcome speech and presented the agenda of the meeting. Following the presentation of agenda, discussions were held based on the agenda, which included key academic and administrative matters concerning the students' welfare and development. The meeting was productive and participatory, with several parents and teachers contributing their views and suggestions. An important part of the session was the election of new office bearers for the PTA. The office bearers from the previous year were unanimously re-elected, reflecting the confidence and satisfaction of the parent-teacher community in their leadership and service. The formal session concluded with a heartfelt vote of thanks, expressing gratitude to all the parents, teachers, and students who participated in the event. A lunch was then provided to all parents and teachers, allowing everyone to interact informally and build stronger community ties. The afternoon session featured a motivational speech by Sub-Inspector Mr. Babu Paul, who addressed the gathering on the topic "Good Parenting and the Responsibilities of Parents in Combating Drug Abuse among Youth." In his insightful talk, SI Babu Paul emphasized the crucial role parents play in shaping their children's values, monitoring their activities, and building a strong support system at home. His message was both powerful and practical, urging parents to stay vigilant and actively involved in their children's lives to help prevent substance abuse. The program concluded with refreshments, marking the end of a meaningful and impactful day.



Pazhanganad, Kerala, India

SPECIAL DAYS CELEBRATION

BREASTFEEDING WEEK CELEBRATION

As part of World Breastfeeding Week, a special programme was organized on 8th August 2025 at Samaritan Hospital, Pazhangad. The event was attended by the mothers of patients admitted in the Pediatric Ward. The programme began with a prayer song by the 6th Semester B.Sc Nursing students, followed by a welcome speech from Ms. Aparna Sathyan. The keynote address was delivered by Dr. Rehna, Consultant Pediatrician, who highlighted the nutritional, emotional, and immunological benefits of breastfeeding. A special talk was also given by Dr. Mereena, Obstetrician and Gynecologist, focusing on the vital role of breastfeeding in maternal health. In addition, Ms. Sindhu, Senior Staff Nurse, gave an informative session on the complications arising from improper methods of breastfeeding, which was highly appreciated by the participants. The 6th Semester B.Sc Nursing students conducted an awareness programme with interactive sessions and educational activities. The mothers actively participated, clarifying doubts and sharing their own experiences. The programme concluded with a vote of thanks by Ms Adhithya, appreciating the efforts of all contributors and reinforcing the importance of breastfeeding for both mother and child



INDEPENDENCE DAY CELEBRATION

The 79th Independence Day was celebrated with great patriotic spirit and enthusiasm by the staff and students of Samaritan Hospital and College of Nursing, Pazhanganad, on 15th August 2025. The programme began at 7:00 am in front of Samaritan Hospital. The celebration opened with a parade by three batches of students, arranged as three platoons. The Medical Superintendent of Samaritan Hospital, Dr. Jarvis, hoisted the national flag, followed by a salute from the platoons. The gathering joined together to sing the National Anthem, filling the atmosphere with patriotic fervor. An inspiring speech was delivered by Ms. Aparna Sathyan, 6th semester B.Sc. Nursing student. The hospital function concluded with the distribution of sweets to all participants. After the hospital event, the staff and students assembled at the College of Nursing for the continuation of the celebration. The programme began with a parade by three batches of students. The flag was hoisted by our respected Principal, Dr. Sr. Mary E. L., after which all joined in singing the National Anthem. A meaningful message was shared by Ms. Femy Sebastian, 6th semester B.Sc. Nursing student, highlighting the significance of the day. The celebration came to a close with the distribution of sweets to all present. The entire programme reflected the spirit of unity, patriotism, and gratitude to the nation, making the day a memorable one for everyone.



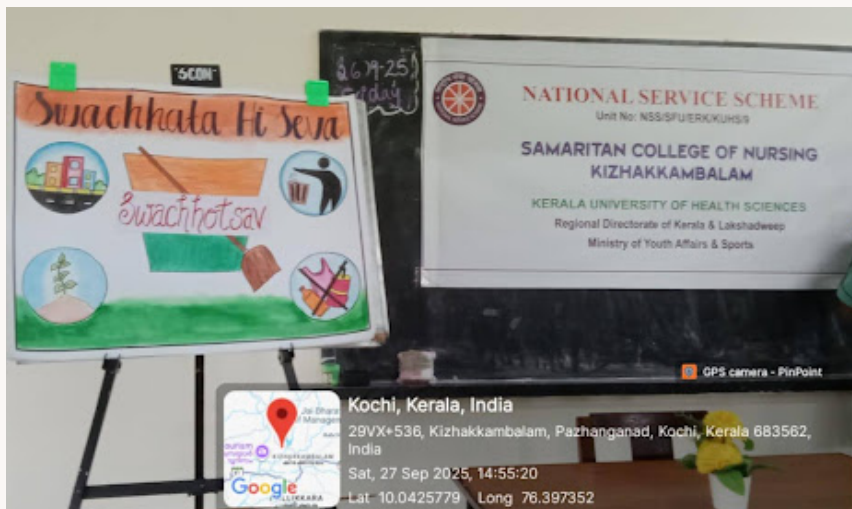
WORLD SUICIDE PREVENTION DAY 2025

World Suicide Prevention Day was observed at Samaritan College of Nursing on 10th September 2025 at 3.00 PM in the college auditorium. The 6th semester students organized an awareness programme for the students of the college to promote mental well-being and to emphasize the importance of suicide prevention. The programme commenced with a prayer song, followed by a welcome speech by Ms. Ashna Biju. The session was inaugurated by Prof. Dr. Sr. Mercilline, Principal, Samaritan College of Nursing, who highlighted the need for empathy, support, and awareness in preventing suicide among youth. Students from the 4th and 6th semesters participated in the event. The 6th semester students conducted an informative and interactive awareness session explaining the causes, types, and myths related to suicide, along with effective methods for prevention. The session was highly appreciated by all participants for its depth and relevance. The programme concluded with a vote of thanks by Ms. Diya Dixon, expressing gratitude to the management, faculty, and students for their cooperation and active participation. The event successfully conveyed the message of hope and the importance of collective efforts in preventing suicide, aligning with the global theme of creating awareness and fostering mental health.



SWACHHOTSAV CELEBRATION AT COLLEGE OF NURSING

The Sixth Semester B.Sc. Nursing students of our College of Nursing enthusiastically celebrated Swachhotsav on 27th September 2025 at 2:30 PM in the college campus. Although the official observance falls on 2nd October, the programme was held earlier as the students were leaving for their Pooja holidays. The event commenced with a prayer song, invoking God's blessings for the success of the programme. This was followed by informative and inspiring sessions on waste management, taken by Ms. Therese and Ms. Soya George, who highlighted the importance of proper waste disposal and sustainable practices. After the class, all the students actively participated in a cleaning drive, where they joined hands to clean the college premises, demonstrating the true spirit of Swachh Bharat. Their teamwork and commitment reflected the message of cleanliness and responsibility towards the environment. The programme concluded at 4:00 PM, leaving behind a clean campus and a strong reminder of the value of cleanliness in daily life. The Swachhotsav celebration was indeed a meaningful and practical experience for the students, inspiring them to continue spreading the message of cleanliness and hygiene in the community.



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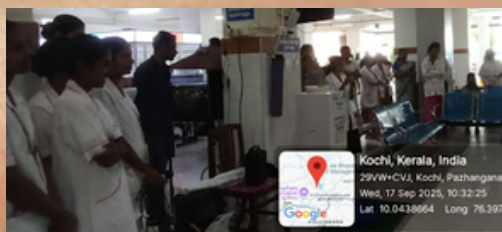
PATIENT SAFETY DAY CELEBRATION

The Sixth Semester B.Sc. Nursing students of Samaritan Hospital observed Patient Safety Day on 17th September, 2025 with great enthusiasm and commitment. The programme commenced at 10:30 AM with a prayer song, setting a solemn tone for the event. Ms. Rinu Joy extended a warm welcome to the gathering through her welcome address. This was followed by a practical and informative tutorial on proper hand washing, underscoring its significance in preventing infections and ensuring safety in healthcare. An awareness class was then conducted by Ms. Aparna Sathyan, focusing on the theme of the day — “Safe Care of Every New-born and Every Child.” Her session highlighted the importance of safety measures in pediatric and neonatal care, and emphasized the responsibility of healthcare providers in safeguarding the lives of the most vulnerable patients. The programme concluded with a vote of thanks, appreciating the efforts of all who contributed to the success of the celebration



WORLD ALZHEIMER'S DAY CELEBRATION

World Alzheimer's Day, observed globally on 21st September, was celebrated by the 6th Semester students of Samaritan College of Nursing on 22nd September 2025 at Samaritan Hospital OPD, Pazhanganad, as the official date coincided with a Sunday. The programme commenced at 10:30 AM. The event began with a prayer, followed by a welcome address delivered by Ms. Namdana Santhosh. An awareness session was organized to educate the public on Alzheimer's disease and dementia, in line with the theme of the year — “Ask about Dementia, Ask about Alzheimer's.” The session opened with a skit performed by the students, creatively portraying the causes, stages, and home care management of dementia and Alzheimer's disease. The presentation helped enhance public awareness and encouraged open discussion about mental health in the elderly. The programme concluded with a vote of thanks proposed by Ms. Megha Mathew. The celebration served as an informative and compassionate initiative, highlighting the importance of understanding and supporting individuals affected by Alzheimer's disease.



WORLD HEART DAY CELEBRATION

World Heart Day was celebrated on 29th September 2025 through a series of awareness programmes organized jointly by the Samaritan Heart Institute and Samaritan College of Nursing. The celebrations were conducted at three institutions — Al Ameen College, Edathala, MES College, Edathala, and Bharatha Matha College of Commerce and Arts, Choondy, Aluva.

The programme commenced at Al Ameen College at 9.30 AM, beginning with a skit based on the theme of the year, “Don’t Miss a Beat,” performed by the 8th Semester B.Sc. Nursing students. This was followed by an informative session on Cardiopulmonary Resuscitation (CPR). Mr. Yadhu Krishna, CEO of Samaritan Heart Institute, delivered the keynote address, emphasizing the importance of timely cardiac care and awareness.

At 12.45 PM, the team conducted the same programme at MES College, where Mrs. Devashri, CPR Trainer, led an engaging CPR training session and demonstration using a manikin, providing students with valuable hands-on experience.

The concluding session was held at 2.45 PM at Bharatha Matha College of Commerce and Arts, Choondy, featuring the same impactful skit and CPR awareness session.

The World Heart Day celebrations effectively spread awareness about heart health and the significance of quick emergency response, inspiring students to adopt heart-healthy lifestyles and become proactive first responders in their communities.



NUTRITION DAY CELEBRATION – “KHANA KHAZANA”

The second-semester students of Samaritan College of Nursing celebrated Nutrition Day on 13th September 2025 at 2:00 PM in the Nutrition Lab under the theme “Khana Khazana.” The students were divided into five groups and were assigned to prepare diet plans for various categories of patients, including those with diabetes, underweight, pregnancy, old age, and obesity. Each group presented their menu along with nutritional explanations. The event was graced by the teaching and non-teaching staff, who appreciated the students’ creativity and had the opportunity to taste a variety of nutritious dishes. The programme concluded successfully at 4:00 PM, enriching the students’ practical understanding of balanced diets and therapeutic nutrition.



ONAM CELEBRATION 2025

The spirit of Onam, the festival of joy, unity, and cultural heritage, was celebrated with great enthusiasm at Samaritan College of Nursing Hostel on 29th August 2025. The celebration began with a grand Onam Sadhya served at 12.30 PM, featuring a variety of delicious traditional dishes that brought the true flavour of the festival to life.

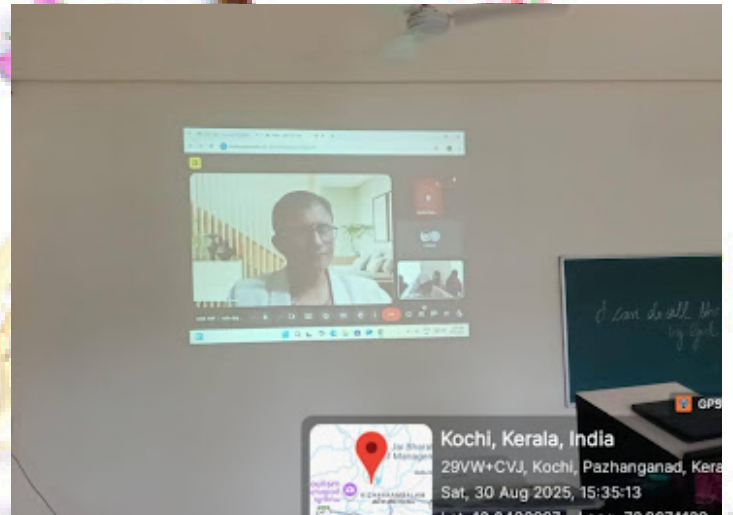
The formal programme commenced at 2.00 PM, beautifully anchored by Ms. Neethu and Ms. Divya, 8th semester students, who warmly welcomed everyone to the celebration. The event began with a prayer song by the 6th semester students, invoking God's blessings for the occasion. Sr. Suma Palatty, Nursing Superintendent, Samaritan Hospital, delivered the felicitation address, appreciating the efforts of the students and staff in organizing the celebration. Ms. Anmariya Sandoz, an 8th semester student, presented the history of Onam, highlighting the significance of the festival and the legend of King Mahabali. A special moment of excitement followed with the Onam celebration name-revealing session, coordinated by the 8th semester students, where the event was named "Prakambanam 2K25." The cultural events showcased the vibrant spirit of Kerala's traditions and creativity. The 4th semester students performed a graceful Thiruvathirakali, while the 6th semester students sang a melodious Onam song. The 2nd semester students captivated the audience with a colourful Onam fashion show, followed by another lively fashion show by boys and male staff. Various competitions were conducted for students, teachers, and non-teaching staff, bringing out friendly participation and joyful celebration. The highlight of the event was the Mega Onam Dance performed by the 8th semester students, filling the atmosphere with cheer and festivity. The programme concluded with a vote of thanks delivered by the anchors, expressing gratitude to everyone who contributed to the success of the event. The celebration came to a joyful close at 4.00 PM, leaving behind beautiful memories of togetherness and tradition.



STAFF DEVELOPMENT PROGRAMME

IQAC Orientation Session

An IQAC orientation session was conducted on 30th August 2025 at Samaritan College of Nursing. The session was led by Dr. Sheela Shenai, Ex-Principal of MOSC College of Nursing, Kolenchery, who delivered an informative talk on Institutional Governance and Innovation and Best Practices—the 8th and 9th criteria of IQAC. The programme began with a prayer song, followed by a welcome address delivered by Sr. Mary E. L., Principal. The insightful session helped the participants gain a deeper understanding of quality initiatives and institutional excellence. The event concluded with a vote of thanks by the Principal.



OPHTHALMOLOGY CAMP

Samaritan Hospital organized a free ophthalmology check-up camp on 25th and 26th August 2025. The camp aimed to promote eye health and provide early detection of vision problems. Many people from the nearby community benefited from the services.

8th semester students of Samaritan College of Nursing actively participated by assisting in registration, guiding patients, and providing health education. The camp was successfully conducted, spreading awareness on the importance of regular eye check-ups.



FEAST DAY CELEBRATION OF OUR PRINCIPAL AND VICEPRINCIPAL

The College of Nursing joyfully celebrated the festal day of our beloved Principal, Prof. Dr. Sr. Mercillin, and Vice Principal, Prof. Dr. Sr. Sajeena, whose patroness is the Assumption of Mother Mary, on 14th August 2025 at 2:00 PM in the College Auditorium. As the feast coincided with Independence Day, which was a holiday, the celebration was held a day earlier. The programme began with a soulful prayer song, invoking the intercession of Mother Mary and setting a spiritual tone for the gathering. Ms. Aparna Sathyan extended a warm welcome through her address and also anchored the programme gracefully. Heartfelt felicitations followed: Ms. Honey Saju, 4th Semester B.Sc. Nursing student, conveyed admiration and gratitude on behalf of the students, while Mrs. Jiya Maria Thomas expressed appreciation from the teachers' side. The cultural segment added vibrancy to the day. Students of the II Semester B.Sc. Nursing performed a graceful dance, which was much applauded. Teachers and students then expressed their love and respect by presenting bouquets to our Principal and Vice Principal. A melodious wishing song, jointly sung by teachers and students, and created a festive spirit, followed by the joyful cake-cutting ceremony. Our Principal and Vice Principal shared their response of gratitude, appreciating the affection of the college community. The programme concluded with a heartfelt vote of thanks, after which kulfi was distributed to all students and staff, leaving sweet memories of the day. The celebration truly reflected the joy of honouring our leaders on the feast of the Assumption of Mother Mary, their patroness.



FEAST DAY CELEBRATION OF OUR DIRECTOR

The feast day of our beloved Director, Rev. Sr. Tharaka, whose patroness is the Birth of Mother Mary, is celebrated on 8th September each year. However, as Sister was away on that day, the celebration was held on 16th September 2025 with great joy and reverence.

On this special occasion, all the teaching and non-teaching staff gathered in the Director's office to extend their heartfelt wishes. A bouquet was presented to Sister as a token of love and appreciation, followed by the exchange of gift. The celebration was made sweeter as Sister distributed sweets to all the staff members, filling the day with happiness and a spirit of togetherness.

The event was a memorable expression of gratitude, affection, and unity, honouring our Director on her feast day.



SNAI Activities

Central Zone –B Sports competition

Ms. Anaha Seby, a 6th semester B.Sc. Nursing student, brought pride to the institution by securing the 3rd prize in the Long Jump (Girls) competition conducted by SNA Central Zone B. The event was held on 28th August 2025 at Mar Baselios College of Nursing, Kothamangalam.



SNAI KERALA STATE BRANCH 69TH ANNUAL CONFERENCE AND “DHANAK 2025” STATE LEVEL COMPETITIONS

The SNAI Kerala State Branch organized its 69th Annual Conference and State Level Competitions “DHANAK 2025” on 26th and 27th September 2025. The event brought together nursing students from various institutions across the state to showcase their talents and skills in a spirit of healthy competition and professional camaraderie.

On 26th September, Ms. Ajilia, an 8th Semester B.Sc. Nursing student, brought pride to our institution by securing the First Prize in Monoact (English).

On 27th September, Ms. Aparna Sathyan (6th Semester), Ms. Honeesha Saju, and Ms. Giya Davis (4th Semester) achieved the Third Prize in Health Play competition, reflecting their creativity and teamwork.

The outstanding performances of our students in “DHANAK 2025” were a matter of great pride and inspiration for the entire college community.

